

HOURS OF OPERATION:

8:30am to 8:00pm daily

TO RESERVE YOUR APPOINTMENT:

Phone: 305.860.4308



Grooming and Glamour

Nail Care

Key Lime Margarita Pedicure	\$110
Classic Manicure	\$40
Classic Pedicure	\$55
Spa Manicure	\$50
Spa Pedicure	\$75
Gentleman's Manicure	\$35
Hot Stone Pedicure	\$85
French-Style Polish	add \$5
Polish Change	\$20
Paraffin Hands	\$25
Paraffin Feet	\$25

Facial & Body Depilation

Lip	\$20
Chin	\$20
Brow	\$25
Underarm	\$30
Bikini	\$40 & up
Brazilian	\$65 & up
Half Leg	\$55
Full Leg	\$80 & up
Back	\$75 & up

Acad'Epil Post-Depilatory Treatments

Our revolutionary hair-softening treatment enables less frequent depilation. One ampoule calms inflamed skin, prevents in-grown hairs and ensures that future growth will be fine and supple.

Add \$25 per ampoule

CONTINUED ON BACK

GROOMING AND GLAMOUR, CONTINUED

Hair Design

Shampoo & Styling	\$65 & up
Lady's Cut with Blow Dry & Styling	\$75 & up
Up-Do	\$75 & up
Color	\$90 & up
Highlights-Partial	\$110 & up
Highlights-Full	\$175 & up
Gentleman's Cut	\$40 & up
Children's Cut	\$35 & up

Make-Up Artistry

Make-Up Application	\$75
---------------------	------

Bridal Services

Bridal Make-Up Consultation	\$75 & up
Bridal Hair Consultation	\$85 & up
Bridal Style	\$110 & up
Bridal Make-Up & Up-Do	\$250 & up

Spa to Go

Visit our Spa at Grove Isle Boutique for exclusive gifts to create a home spa experience. Find products used in many of our treatments, plus sun care, bath and beauty supplies and more.

Spa at Grove Isle gift certificates are always available.

Indonesian and Thai Rituals

Javanese Royal Treatment

Lose yourself in this lavish ritual direct from the palaces of Java. Includes a luxurious Balinese massage with essential oil, an herbal exfoliation, a cool yogurt splash and an aromatic shower. To complete your experience, sink into a traditional soaking tub prepared with rose petals and infused with tropical fragrances while enjoying a cup of herbal tea.

Volcanic Earth Clay Ritual

Take part in this ancient ritual performed to soften, purify and renew the skin. Includes a detoxifying volcanic clay body mask, a pampering Balinese foot massage, an aromatic shower and traditional Balinese massage.

Thai Kelapa Ritual

Be transported to the exotic kingdom of Thailand with this uplifting body therapy. Includes a traditional Table Thai massage, a tropical body mask and a Thai-style foot massage. To complete your experience sink into a deep claw-foot porcelain tub prepared with flower blossoms and infused with tropical fragrances while enjoying a cup of herbal tea.

Samunprai – Thai Herbal Heat Energizer

Nurture your tired spirit with this revitalizing treatment. A hot poultice of medicinal herbs is used to relieve muscle tension and invigorate your mind in this healing blend of Thai massage and aromatherapy techniques. The poultice is yours to keep.



Massage Therapies

Hot Stone Massage

Surrender to the healing warmth of this ancient massage practice. Heated volcanic river stones penetrate the deeper layers of your muscles to take you to a new dimension of relaxation.

Balinese Massage

Be transformed by our signature massage ritual, based on the traditions of Bali. A combination of acupressure, rolling motions and rhythmic strokes relieves tension and promotes total relaxation.

Table Thai Massage

This ancient, interactive massage combines pressure point techniques with rhythmic stretching movements to promote balance and relaxation. (Loose clothing is worn throughout this treatment.)

Tropical Essence Massage

The perfect antidote to lift your mood. Includes a tropical mango body polish, followed by an aromatic massage using a rare blend of tropical essential oils.

Watsu

Float in the arms of your therapist in our Waterfall Watsu Pool as your muscles are massaged, joints mobilized, tissues stretched and energy pathways opened.

Mother-to-be Massage

This massage will ease the discomforts that occur as your body changes. We request your physician's written consent. Specially crafted cushions are available

CONTINUED ON BACK

MASSAGE THERAPIES, CONTINUED

Pedisage

Treat your feet and lower legs to this rejuvenating massage. Eastern techniques are employed to release tight muscles, improve circulation and clear the mind.

Swedish Massage

Improve circulation with this gentle, relaxing massage. Pressure can range from very light to medium.

Sports/Deep-Tissue Massage

This deep-tissue massage relieves soreness from exertion or exercise. Gain an improved range of motion and increased flexibility.

Massage Medley

Pedisage, Swedish and Sports techniques are combined to create a personalized massage experience.

Couples' Massage

Our romantic couples' room is the perfect setting for two. See our spa concierge to select your treatment.

In-Room & Waterside Massage

Enjoy a relaxing massage in your room or in a private waterside terrace. Must be booked in advance. (For multiple treatments from the same therapist, the in-room fee will be charged only once.)



Facial Care

Spa at Grove Isle Signature Treatment

Your natural glow will be restored with the all-natural ingredients and essential oils of our trademark facial.

Collagen Replenisher

See immediate results with this advanced collagen therapy, ultra-hydrating to reduce wrinkles and smooth fine lines.

C & Sun Revitalizer

Enliven troubled complexions with this intensive Vitamin C treatment. Ideal for sun-damaged skin.

Morning Dew

This optimal moisturizing treatment minimizes fine lines to reveal a radiant, dewy complexion.

Sea Breeze

Stimulate your skin with our unique marine therapy. Natural seaweed calms irritations, reduces dilated capillaries and leaves skin supple.


Euro Glow

Discover the European secret for beautiful skin. Includes soothing massages, deep pore cleansing and customized serums and mask.

Gentleman's Indulgence

Designed specifically for men, this European-style treatment soothes skin irritated by daily shaving and environmental aggressors.

CONTINUED ON BACK



FACIAL CARE, CONTINUED

Rejuvenating Back Treatment

Soothe tired backs with a rejuvenating massage, deep pore cleansing, exfoliation and a customized mask.

Ultimate Teen Facial

Created especially for young skin, this facial includes an in-depth cleansing to remove impurities and correct imperfections.

Instant Radiance

Perk up your skin with this quick mini facial. Includes deep cleansing, exfoliation and a customized mask.

Re-Vital Eyes

Devote extra care to the eye area. Choose your treatment: smooth wrinkles and fine lines, or reduce swelling and puffiness.

Pre- and Post-Surgery Facial Care

Consult with our expert estheticians and your surgeon for the best pre- and post-surgery facial care.

Enhancements

Add these services and rituals to a massage and enhance your Spa at Grove Isle experience.

Spa at Grove Isle Aromatherapy Blends


Used for centuries to improve overall health and relieve tension, essential oil blends can turn any massage into an exotic indulgence. Choose from our custom Relaxing, Stimulating, Balancing or Romance blends.

Therapeutic Muscle Balm

Ask for this ancient Chinese pain-relieving formula to relieve muscle soreness and stiffness.

Ritual Bath

Sink into a soaking tub prepared with your choice of fresh flower petals, aromatic herbs, salts or infused with an aromatherapy essence. Relax and unwind prior to, or after any one of our spa experiences. Enjoy a complimentary cup of herbal tea while you soak.



Body Indulgences

Seaside Salt Glow

Uncover smooth, glowing skin with this gentle exfoliation derived from Dead Sea salts and essential oils. Includes a rich body butter application to restore moisture.

Caribbean Seaweed Body Mask

Improve circulation and end tension with this mineral-rich seaweed therapy from our nearby shores. Includes a Dead Sea salt exfoliation and a luxurious body mask.

Milk & Honey Body Wrap

Avert the signs of aging with this naturally hydrating treatment. Includes a gentle, exfoliating sugar scrub, a replenishing body mask and a revitalizing Vichy shower.



HOURS OF OPERATION:

8:30am to 8:00pm daily

TO RESERVE YOUR APPOINTMENT:

Phone: 305.860.4308

Spa Services Price Menu

Massage Therapies

Hot Stone Massage	50 minutes \$150 / 80 minutes \$185
Balinese Massage	50 minutes \$135 / 80 minutes \$185
Table Thai Massage	80 minutes \$195
Tropical Essence Massage	50 minutes \$150 / 80 minutes \$185
Watsu	50 minutes \$150 / 80 minutes \$185
Mother-to-be Massage	50 minutes \$135 / 80 minutes \$185
Pedisage	25 minutes \$65
Swedish Massage	50 minutes \$120 / 80 minutes \$170
Sports/Deep-Tissue Massage	50 minutes \$135 / 80 minutes \$185
Massage Medley	50 minutes \$125 / 80 minutes \$175
In-Room & Waterside Massage	An additional \$50

Indonesian and Thai Rituals

Javanese Royal Treatment	110 minutes \$275
Volcanic Earth Clay Ritual	80 minutes \$195
Thai Kelapa Ritual	110 minutes \$275
Samunprai – Thai Herbal Heat Energizer	80 minutes \$195

CONTINUED ON BACK

Facial Care

Spa at Grove Isle Signature Treatment	80 minutes \$175
Collagen Replenisher	80 minutes \$175
C & Sun Revitalizer	80 minutes \$175
Morning Dew	50 minutes \$150
Sea Breeze	50 minutes \$150
Euro Glow	50 minutes \$125
Gentleman's Indulgence	50 minutes \$130
Rejuvenating Back Treatment	50 minutes \$150
Ultimate Teen Facial	50 minutes \$120
Instant Radiance	25 minutes \$75
Re-Vital Eyes	25 minutes \$65 / Complement a facial \$55

Enhancements

Spa at Grove Isle Aromatherapy Blends	Additional \$12
Therapeutic Muscle Balm	Additional \$12
Ritual Bath	20 minutes \$50

Body Indulgences

Seaside Salt Glow	50 minutes \$125
Caribbean Seaweed Body Mask	50 minutes \$150
Milk & Honey Body Wrap	50 minutes \$150

Spa at Grove Isle gift certificates are always available.



Prices subject to change without notice.



Additional Amenities

The Fitness Center is located adjacent to the Spa. Here you will find the latest state-of-the-art equipment. A daily pass to the center can be purchased for \$10, which also includes access to our locker rooms, his and hers steam rooms and showers. The pass fee is waived with any spa experience of \$85 or more. Hours of operation are from 9:00am to 8:00pm daily. Guests must be at least 16 years of age to use the equipment. Those under 16 must have adult supervision at all times.

